

The Braybrook and Maidstone Neighbourhood House Inc

113 Melon Street, Braybrook 3019



ABN: 73 967 833 545 Email:
office@bmnh.org.au

Phone: (03) 9317 5610 Mobile: 0428 904

Volunteer profile

KEN HILL



Ken volunteers at the House Monday to Thursday. He sorts all the donations that enter the House and organises them for the families. Ken also picks up the Nourish meals at Yarraville each week for the families in need and runs many errands for the House. A very reliable and dedicated

Thank you to the volunteers

A big and warm thank you to all the volunteers who volunteer their time and skills to The Braybrook and Maidstone Neighbourhood House. We would not be able to do what we do without the help of our wonderful volunteers and appreciate the dedication our volunteers provide us and the community.

Monday

BMNH Playgroup:

Stop by and join The Braybrook and Maidstone Neighbourhood House playgroup and connect with other mums and bubs. Share a light snack and friendship. Every Monday during school terms 3 & 4, from 10:00 AM until 12:00 PM.

Free Weekly Bread Pick up:

Every Monday there is free loaves of bread and bread rolls donated by Sunshine Bakers Delight. Bread can be picked up from 9:00 AM onwards (until all gone).

Liverwell Workshop:

Monday 29th July 2024 at 1pm to spread awareness for liver health and educations for viral hepatitis. **Afternoon Tea supplied.** Please phone for catering. This is a free workshop For bookings for all classes please call (03) 9317 5610 or email office@bmnh.org.au

Auspire Care will also be guests to talk about how to navigate the My Aged Care system.

Tuesday

Emergency Relief Program every Tuesday from 12:00 PM until 3.30 PM. Pick up only. Bookings essential. Support for fruit and vegetable boxes can be made by contacting (03) 9317 5610. Frozen meals from the Nourish program can also be collected on Mondays and Tuesdays until 3.00PM

Wednesday

Mosaics and craft classes:

Learn how to make a piece of art by working with colourful tiles and other craft sessions. These sessions are for social connection and friendship. Mosaics class and craft classes run every Wednesday from 10:00 AM until 12:00 PM (Term 3 and 4). Cost \$3.

Thursday

Spiritual Growth and Development workshop:

With Diane Langdon award winning Spiritual Author, Reiki Master and Psychic Medium

Every Thursday 10.30am to 12.30pm

\$15 per session \$10 with concession.

Drop-in day 9:00 AM – 3:00 PM for support and advocacy.

Community Lunch:

Guest Speakers Victoria State Emergency Services.

Thursday 12th September 2024 12.00 PM

Please book for catering 9317 5610 or email office@bmnh.org.au

Mobile: 0428904068.

Community garden:

Join us in our community garden and meet like-minded friends. Join us Monday to Wednesday, watering, planting, and weeding. Any time Between 10 am to 2 pm.



Women's Health Week at The Braybrook and Maidstone Neighbourhood House 2024:

This year BMNH will be hosting another event to celebrate and support women's health and what our women go through. Afternoon tea will be supplied.

When: Tuesday the 3rd of September from 12:30 PM **Where:** The Braybrook and Maidstone neighbourhood house | 113 Melon Street Braybrook.

Please RSVP by the 22nd of August for catering by **email:** info@bmnh.org.au or **phone:** (03) 9317 5610

Key dates

Thursday 29th July 1pm Afternoon Tea
Liverwell workshop and Auspire Care
information session

Thursday 12th September 12pm Community
Lunch guest speakers Victorian State
Emergency Services . Please rsvp for
catering. 9317 5610

ANNUAL GENERAL MEETING 2024

Thursday 26th September 2024

Time: 11am

Morning T provided

Please RSVP by the 24th September Please
phone for bookings on 9317 5610 or Email:
office@bmnh.org.au

Seniors Week

Tuesday 8th October 2024 Free BBQ
12 noon. Phone for bookings 3917 5610 or
office@bmnh.org.au



Chatty Café

Weekly Monday and Tuesday. The Braybrook and Maidstone Neighbourhood house hosts a chatty café where members are welcome to come down, have a cuppa, and have a chat. 12noon to 1pm.

Free computer access

10:00 AM – 1:00 PM on Mondays and
Tuesdays members are welcome to use
tablets at the House.

THE BRAYBROOK AND MAIDSTONE NEIGHBOURHOOD HOUSE INC.
113 Melon Street Braybrook, 3019 P.O. Box 1084 Robinson Victoria, 3019
Phone (03) 9317 5610 – 9317 4797 Mobile: 0428 904 068
Email: Office@bmnh.org.au Web: www.bmnh.org.au
ABN: 73 947 833 545

Join us for the celebration of our
past year 2023–2024 at our Annual
General Meeting.

When
Thursday the 26th of September 2024
at 11.00 AM

Where
113 Melon Street Braybrook
(The Braybrook and Maidstone Neighbourhood House)

RSVP