



113 Melon St. Braybrook 3019

ABN: 73 967 833 454 Email: office@bmnh.org.au

 Phone: (03) 9317 5610 Mobile: 0428 904 068

Annual general meeting 2022

Thursday the 15th of September 2022
11.00 AM

Lunch will be provided please R.S.V.P by
the 9th of September 2022.

Monday:

BMNH playgroup –

Come along and join the Braybrook and Maidstone Neighbourhood house playgroup and connect with other mothers. Share a light snack and friendship. Every Monday, school terms only term 3 and 4 starting 11th July. 10.00 AM – 12.00 PM **free**.

Free Bread: Every Monday there is free bread and rolls 9.00 AM – 3.00 PM donated from Bakers Delight in Sunshine.

Basic computer & Smart phone training:

Monday and Tuesdays.

These are drop in sessions for support with mobile phones, tablets and PCs 10.00 AM – 2.00 PM

Tuesday:

Food security program –

Support for low income families. Each week we receive fruit, vegetables and pantry goods donated by Secondbite. We receive frozen meals from the Nourish Program and additional food donations from Tony and Keith at Water 2 All & Storehouse every Tuesday (Except for cup day and the Christmas break.) Collection is between 12.30 PM – 3.30 PM. This is a booking only service. Please ring the office for more information about the program – (03) 9317 5610.

Wednesday:

Mosaics and Crafts classes –

Learn how to make a piece of art working with colourful tiles. Different craft workshops each month to be advised. Every Wednesday from 10.00 AM – 12.00 PM school terms only.


Thursday:

Drop in day – 9.00 AM – 3.00 PM Support and advocacy.

The Braybrook & Maidstone neighbourhood House room hire:

We have an activity room for hire to suit meetings, workshops and social groups. The room is available for casual or ongoing bookings.

Free computer access

Come over between 10 AM – 2 PM on  Mondays Tuesdays & Wednesdays to use the tablets and PC's.

Thank you:

A special thank you to Suzanne from the Nourish Program. Suzanne has given The Braybrook and Maidstone Neighbourhood House great support with our emergency relief program.

Passport To Play project:

Free consultancy with children, the session is hosted by the Maribyrnong City Council.

Children will be able to participate in drawings and playful activities Monday the 1st of August at 10:30 AM.

Please phone for bookings on (03) 9317 5610

Aromatherapy class:
Thursday the 6th October 2022.
Learn the basics of aromatherapy and the benefits of essential oils and their potential uses within the home.
Booking's essential. Phone us for more information (03) 9317 5610.



Be Connected program:

These free trainings are to help older people thrive and adapt to a digital world. Discover how being online can add new skills and experiences to your life. Learn the basics of getting online. Build your confidence in using digital technology.
Drop in Mondays and Tuesdays, between 10.00 AM – 12.00 PM School terms only.

Volunteer with us!
Volunteer tutors wanted.
Interested in sharing knowledge and skills? Our courses are run by volunteers. Why not start up a group? Self development, art, craft, cooking, computer literacy, gardening, photography, scrapbooking, English, Health & Wellbeing, literacy and numeracy etc.

Groups can run once per month, fortnightly or weekly. Give us a call for further information on (03) 9317 5610. Contact Vivienne if you would like to tutor a program and make a contribution to your community.



The Braybrook & Maidstone Neighbourhood House fundraising group
The team at The Braybrook & Maidstone Neighbourhood House are looking for interested people to run fundraising. If you have some great ideas for fundraising, please let us know on (03) 9317 5610.

Nourish Program:
The Nourish Project rescues surplus food and transform this donated food into nutritious meals which are distributed and provided free to those in need. The Nourish Program supports and provides food security to the most vulnerable members of the community.
Meals can be collected from the Braybrook and Maidstone Neighbourhood house on Tuesdays from 12.30 PM – 3.00.

Bev's Concertina book/Card workshop:

Learn to create an Artistic Concertina Book/Card using techniques of collage, simple drawing, colour scheme, abstraction and theme. Creative panels that are beautiful and imaginative. No skill necessary all materials supplied. Bring your own apron. Wednesday 27th July at 1pm-3pm FREE





Heart Health Education Session:
A project run between Ambulance Victoria, The Heart Foundation, The Government of Victoria and Monash University. This will be held on Thursday the 21st of July at 1:00 PM until 2:00 PM. Afternoon tea will be provided, this is a free heart health session.



Sausage sizzle day & Pancake day to welcome back everyone after 2 years of lockdown!



PET PHOTO COMPETITION



- DETAILS -

SUBMISSION DATES START FROM THE 4TH OF JULY AND END ON THE 26TH OF JULY. WINNERS WILL BE ANNOUNCED ON THE 9TH OF AUGUST. ALL PETS WELCOMED.

- PRIZES -

1ST PLACE IS A PETROL VOUCHER
2ND PLACE IS A PETROL VOUCHER



Passionate



Attitude

Knowledge



Committed

Community



Reliability

Positivity



Braybrook Maudstone Neighbourhood House INC.

by hch