

## Services @ BMNH

### FREE LEGAL AND FINANCIAL COUNSELLING

Anglicare Financial Counselling is providing free financial counselling to community at the Braybrook and Maidstone Neighbourhood House every week. Problems that we may be able to help with include: debts, fines, car accidents, disputes with banks, problems with essential services such as gas and electricity providers and problems arising from other debts (e.g. personal loans, car finance, Foxtel). between 9am and 4pm every Tuesday Bookings Essential.

Please phone for more information. Please note, **we do not provide immigration advice.**

Please call 9731 2500

## VOLUNTEER PROFILE

### DEBRA CROWDER.

Debra has been volunteering at the House for the past year and is a valued volunteer. Debra is committed, dedicated, reliable and passionate about her community.



## BMNH room hire

We have an activity room for hire to suit meetings, workshops and social groups etc. The room is available for casual or ongoing bookings.

We also have a computer Hub for hire with 11 computers and a kitchen for cooking lessons. Please phone for availability and price

## BMNH fundraising group

BMNH is looking for interested people to run Fundraising. If you have some great ideas for fundraising please let BMNH know. Phone 9317 5610

## FREE BREAD ON MONDAYS

Come into the Braybrook and Maidstone Neighbourhood House for free bread on Mondays. 10am-3pm only. Donated by Bakers Delight Sunshine.

## FACEBOOK

Join us on Facebook. Follow us to keep up with our programs and activities  
Click on like  
Or Make a comment



## B.M.S.P.T.A Community

**TENANT COMMUNITY GENERAL MEETING**  
WEDNESDAY AT 18TH MARCH 2020 AT 12.30PM AND 17TH JUNE 2020 AT 12.30  
GUEST SPEAKERS TO BE ADVISED. PLEASE RING FOR BOOKINGS ON 9317 5610

## MESSAGE FROM THE CHAIR

Hi Everyone

2020 is here, and our Neighbourhood House is open for the Community. Our Co-ordinator Vivienne, has organised new activities for the year ahead.

Our activities and workshops will be advertised through out the year. So come along, say hello to us and have some fun.

Joan

Chairperson

THE BRAYSTONE JANUARY TO JUNE 2020 [www.bmnh.org.au](http://www.bmnh.org.au)

## Braybrook and Maidstone Neighbourhood House Inc.

ABN: 739 678 334 54 Email : [office@bmnh.org.au](mailto:office@bmnh.org.au)

113 Melon Street Braybrook 9317 5610  
Mobile: 0428 904 068

Happy New Year to all our members and Community. We have many workshops, these will be happening throughout 2020. Keep in touch with the House to receive information on "What's On".

Cooking classes including "Cooking With Maria" will continue throughout the year with different workshops happening by monthly school terms only.

Neighbourhood House week for 2020 will be celebrated with a Devonshire Tea. The theme for this year is "Bringing People Together".

"Be Connected" program will run from February to June. These workshops are to help older people thrive in a digital world and to discover how being online can add new skills and experiences to your life. Learn the basics of getting online, build your confidence in using digital technology.

We welcome our new computer tutor. Our tutor has a vast knowledge to share with the community. Anyone needing support with computers, notepads, mobile phones etc can come into the office between 10am and 2pm Monday and Tuesday for advise on anything to do with these devices Pauline will advise and support you.

A basic Aromatherapy workshop will take place on Thursday 9th of July at 1pm. Learn the basics of Aromatherapy Learn the benefits of the oils and potential uses in the Home. Phone for bookings.

Vivienne

Manager



### FREE COMPUTER ACCESS

Come over between 9am - 3pm Monday to Wednesday to update your resume' or to use the computers. Phone the House on 9317 5610.

## Monday

**BMNH PLAYGROUP** Come along and join the B.M.N.H. playgroup and connect with other mothers. Share a light snack and friendship. Every Monday, school terms only. Term 1 and 2. 10.00 am - 12.00 noon Free

**ART CLASSES EXPRESSION OF INTEREST FOR MONDAYS AT 1PM CONTACT OFFICE FOR INTEREST 9317 5610**

### BASIC COMPUTER & SMART PHONE TRAINING

Monday, Tuesday

These are drop in sessions for support with mobile phones and Pc' 10AM TO 2PM

## Tuesday

### COOKING FOR THE ELDERLY

In partnership with Benetas Community Care. Every 4th Tuesday of each month until June 2020. Join in this class for social engagement. Commencing February 25th 11am. Please ring for bookings or email Dominika.hadaszczak@benetas.com.au .

Time 11am-1.00pm.

### FRUIT AND VEGETABLE PROGRAM

Support for low income families. Every Tuesday between 10.30 and 3.30. This is a bookings only service. ring office to book 9317 5610

## Wednesday

### COOKING CLASS STARTS FEB 5TH "COOKING WITH MARIA"

Every Wednesday at 12.30pm. Enjoy a very social group of members coming together to learn new ideas and sharing a meal. \$3

**MOSAICS CLASS** Learn how to make a piece of art working with colourful tiles. Wednesday 10am-12pm school terms 1 and 2 cost \$3. Class commences February 5th

## THURSDAY

### DROP IN DAY

9am - 3pm

Support and Advocacy

### AROMATHERAPY WORKSHOP

Learn the basics of Aromatherapy Thursday 9th July at 1pm. Learn the benefits of the oils and potential uses in the Home.

### Trading Table

Bring your unwanted goods and donate to the trading table. Goods must be in good condition. All proceeds go to the BMNH towards materials.

### DONATIONS

All donations are appreciated. Most items are given to those in need. If you would like to donate to the House phone 9317 5610

**We take food items, all household items, furniture in good condition, clothing. We have many people in need that would appreciate the donations .**

## bmnh courses

### OPPORTUNITY SHOP.

Support the BMNH opp shop. New and pre loved clothing, bric a brac, handbags, shoes, soft toys, DVD's, Linen and furniture. Open 10am to 3pm Mon - Thursday. Most items \$1

### NEIGHBOURHOUSE HOUSE WEEK

Theme for 2020 is

"BRINGING PEOPLE TOGETHER"

Celebrate Neighbourhood House week with a Devonshire Tea.

Tuesday 12th May 2020

RSVP for catering by 11th May.

### PRIZE BINGO FUND-RAISING

Starting Tuesday 4TH February 2020.

1pm sharp

Enjoy social engagement for fun and friendship

### Computer Course

### "BE CONNECTED PROGRAM"

These workshops are to help older people thrive in a digital world.

Discover how being online can add new skills and experiences to your life. Learn the basics of getting online.

Build your confidence in using digital technology.

Monday and Tuesday terms 1 and 2 10am to 12noon. FREE

## Volunteer Positions



### VOLUNTEER TUTORS

#### WANTED

Interested in sharing knowledge and skills? Our courses are run by Volunteers. Why not start up a group? Self Development, Art, Craft, Cooking, Computers, Gardening, Gentle exercise, Men's group, English, Numeracy, Literacy, Languages, Photography, Scrapbooking etc. Groups can be run once per month, fortnightly or weekly. Give us a call.

Contact Vivienne 9317 5610 if you would like to tutor a program and make a contribution to your community.

### COOKING CLASS

### COOKING WITH MARIA

This class will run for term 1 and 2 starting Wednesday 5th February at 12.30pm.

Every Wednesday school terms only. This class has much social interaction. Maria is an excellent tutor that brings to the class her expertise to her cooking and instruction. Phone office for more details and bookings for catering.

**BRAYBROOK AND MAIDSTONE NEIGHBOURHOOD HOUSE WOULD LIKE TO THANK ALL OUR COMMUNITY MEMBERS FOR THEIR KIND DONATIONS WHICH HELP SO MANY NEEDY FAMILIES THE GOODS DONATED ARE MUCH APPRECIATED**