

## Services @ BMNH

### FREE LEGAL AND FINANCIAL COUNSELLING IN BRAYBROOK

Anglicare Financial Counselling is providing free financial counselling to community at the Braybrook and Maidstone Neighbourhood House every week. Problems that we may be able to help with include: debts, fines, car accidents, disputes with banks, problems with essential services such as gas and electricity providers and problems arising from other debts (e.g. personal loans, car finance, Foxtel). between 9am and 4pm every Tuesday Bookings Essential.

Please phone for more information. Please note, **we do not provide immigration advice.**

Please call Derek. 9731 2500

## VOLUNTEER PROFILE

### JANE BUTTIGIEG

Jane has been volunteering since November 2018. We thank Jane for all her support to the House. Jane is a dedicated volunteer. Thank you Jane, we all appreciate what you do.



## BMNH room hire

We have an activity room for hire to suit meetings, workshops and social groups etc. The room is available for casual or ongoing bookings.

We also have a computer Hub for hire with 11 computers and a kitchen for cooking lessons. Please phone for availability and price

## BMNH fundraising group

BMNH is looking for interested people to run Fundraising. If you have some great ideas for fundraising please let BMNH know. Phone 9317 5610

## FREE BREAD ON MONDAYS

Come into the Braybrook and Maidstone Neighbourhood House for free bread on Mondays. 10am-3pm only. Donated by Bakers Delight Sunshine.

## FACEBOOK

Join us on Facebook. Follow us to keep up with our programs and activities  
Click on like  
Or Make a comment



## B.M.S.P.T.A Community

### TENANT COMMUNITY GENERAL MEETING

WEDNESDAY 17TH JULY  
AT 12.30PM.  
GUEST SPEAKERS TO BE  
ADVISED. PLEASE RING  
FOR BOOKINGS ON  
9317 5610

## MESSAGE FROM THE CHAIR

Hi Everyone

we are already half way through 2019 and our Community have enjoyed the activities that we offer.

Our coordinator Viv has organised new activities for the coming 6 months eg. Parent information sessions, Bingo etc.

We at the Neighbourhood House appreciate and thank all those who volunteer, donate- participate in our activities thankyou everyone

Joan

Chairperson

1st July to 20th December 2019  
**THE BRAYSTONE** [www.bmnh.org.au](http://www.bmnh.org.au)

## Braybrook and Maidstone Neighbourhood House Inc.

ABN: 739 678 334 54 Email : [office@bmnh.org.au](mailto:office@bmnh.org.au)

**113 Melon Street Braybrook 9317 5610**  
**Mobile: 0428 904 068**

We have many workshops, these will be happening throughout 2019. Keep in touch with the House to receive information on "Whats On".

We will be having a **Free** CPR Course to educate parents on the method of CPR for children. This will be held on Monday 22nd July at 10am. Please phone for bookings and further information.

"Practical Work Pathways" Multicultural cooking in partnership with Yarraville Community Centre every Wednesday at 12.30pm. A fun class enjoyed by all who participate. Classes will be running term 3 and term 4.

Cohealth are holding exercise classes each week at the Neighbourhood House called "Well Balanced" at 1.30. Phone 9448 5669 or email [GroupAccessReferral.BBfoots@cohealth.org.au](mailto:GroupAccessReferral.BBfoots@cohealth.org.au).

We will be having a Candle Making workshop. Whether you're looking to learn a relaxing hobby, or start your own candle making business. All material supplied. To be held on Thursday 14th of November 2019 at 1pm.

Prize Bingo will be played at the house once per month. Starting Tuesday 9th July at 1pm. Ring 9317 5610 for more details.

Our Annual General Meeting will be held on Thursday 12th September 2019 at 11am. Lunch will be provided. Please RSVP for catering by the 9th September. Come along and celebrate the past year with us whilst looking forward to the year ahead 2020.

Vivienne Coordinator



### FREE COMPUTER ACCESS

Come over between 9am - 3pm Monday to Wednesday to update your resume' or to use the computers. Phone the House on 9317 5610.

## Monday

**BMNH PLAYGROUP** Come along and join the B.M.N.H. playgroup and connect with other mothers. Share a light snack and friendship. Every Monday, school terms only. Term 1 and 2.

10.00 am - 12.00 noon Free

Nafisa will be leading Bilingual story time each week. Guest speakers throughout the terms and workshops. Maternal Child Helath Nurse will visit. Contact 9317 5610 or office@bmnh.org.au

## MONDAY CPR TRAINING FREE

Monday 10AM 22ND JULY 2019 Please phone for bookings and further information 9317 5610

## Tuesday

### COOKING FOR THE ELDERLY

In partnership with Benetas Community Care. Every 4th Tuesday of each month until November 2019 Join in this class for social engagement. Please ring for bookings or email Dominika. hadaszczak@benetas.com.au .

Time 11am-1.00pm.

### SPAGETTI MAKING WORKSHOP

Wednesday 13th August 12.30pm

BOOK FOR CLASS PHONE

9317 5610 OR

EMAIL: office@bmnh.org.au

## bmnh courses

### Wednesday

#### MULTICULTURAL COOKING CLASS

##### "PRACTICAL WORK PATHWAYS"

Every Wednesday at 12.30pm . This will be in partnership with Yarraville Community Centre. Term 3and 4

**MOSAICS CLASS** Learn how to make a piece of art working with colourful tiles. Wednesday 10am-12pm school terms 3 and 4 cost \$3. Last class 18th December 2019

### THURSDAY

#### DROP IN DAY

9am - 3pm

### ANNUAL GENERAL MEETING 2019

#### ANNUAL GENERAL MEETING

2019

THURSDAY SEPTEMBER 12TH

11AM

LUNCH WILL BE PROVIDED

PLEASE R.S.PV. BY 9th

September 2019

### Trading Table

Bring your unwanted goods and donate to the trading table. Goods must be in good condition. All proceeds go to the BMNH towards materials.

### CANDLE MAKING WORKSHOP

Thursday 14th November 2019 11am.

All materials are provided

You'll take home the products you make  
You'll receive detailed instructions for all products so you can create at home.

You'll come away being able to create beautiful handmade gifts. Cost \$10. Please RSVP November 10th.

### BUILDING BRIGHTER BONDS

#### The East African Women Foundation

Will be running a project to increase intercultural understanding, build relationships, promote social cohesion and belonging. Monthly until October 2019. Monthly meetings for women from any background. Ring 0422 257 942 for more details.

### NATIONAL DIABETES WEEK 14th July

#### National Diabetes Week

Each year Diabetes Australia celebrates National Diabetes Week to raise awareness about diabetes in Australia. The campaign aims to educate Australia of the risk factors for type 2 diabetes and how type 2 can be prevented.

#### PRIZE BINGO

Starting Tuesday 9th July at 1pm  
Prize Bingo will be held once per month until December.

Please ring for more details  
9317 5610

### Computer Course

### FREE INTERNET ACCESS MONDAY TO WEDNESDAY 9AM TO 3PM

UPDATE YOUR RESUME', CHAT TO FAMILY AND FRIENDS, CONTACT YOUR FACEBOOK FRIENDS,SEARCH FOR EMPLOYMENT

## Volunteer Positions



### VOLUNTEER TUTORS

#### WANTED

Interested in sharing knowledge and skills?  
Our courses are run by Volunteers. Why not start up a group? Self Development, Art, Craft, Cooking, Computers, Gardening, Gentle exercise, Men's group, English, Numeracy, Literacy, Languages, Photography, Scrapbooking etc? Groups can be run once per month, fortnightly or weekly. Give us a call.

Contact Vivienne 9317 5610 if you would like to tutor a program and make a contribution to your community.

### COOKING CLASS

#### "PRACTICAL WORK PATHWAYS"

This course will run for term 3 and 4 starting Wednesday 15th July at 12.30pm. This course is in partnership with Yarraville Community Centre. This is a Pre -accredited course.

Every Wednesday school terms only. Phone office for more details 9317 5610

Thank you to our members who have generously donated throughout the year to our Trading Table. Money raised goes to purchasing materials for classes so that low income earners can join a class at very low cost or free.